

## Effect of zinc on uptake and biological efficiency of oyster mushroom

---

A. K. MITRA

Department of Biology, St. Xavier's College, Kolkata 700 016

---

Zinc is a heavy metal, which is less toxic than other heavy metals, particularly required by other higher organisms for various metabolic activities. Three salts of zinc, viz. chloride, nitrate and sulphate, were tested on the uptake and productivity of oyster mushroom, *Pleurotus sajar-caju*. At a concentration of 10 µg/ml. the treatment of zinc chloride showed an increase of 12.16% in mycelial growth, that account for 12.32 µg/g dry wt. of zinc. For zinc nitrate and sulphate treatment, the mycelial growth was reduced by 14.23% and 22.21% and an uptake of 4.55 and 2.68 µg/g dry wt. of zinc respectively were noted. Treatment of 10% ZnCl<sub>2</sub> after one week of spawning, increased the biological efficiency of sporocarp production by 4.9%, though a distinct reduction in productivity was noted for the other two salts. This was primarily due to the anionic effect, which drifted the pH towards the acidic side. Hence it can be concluded that zinc chloride at a low concentration can be an effective additive to increase the biological efficiency of *Pleurotus sajar-caju*, which can safely be used with other additives like dal powder or cornmeal.

**Key words :** *Pleurotus sajar-caju*, heavy metal, zinc, anionic effect

---

### INTRODUCTION

Amongst the different types of edible mushrooms, the oyster mushrooms are most easily cultivated and can be grown for maximum time in a year. For this reason, it has gained much popularity particularly in the plains. The conventional substrates used include chopped paddy straw and dal powder, particularly for this easy availability, but along with it other non-conventional additives, including heavy metals can also be used to increase the biological efficiency of sporocarp production (Mitra, 2003). This investigation was undertaken with the following objectives :

- i. To estimate the mycelial growth at a low concentration (10 µg/ml.) of zinc salts like ZnCl<sub>2</sub>, Zn (NO<sub>3</sub>)<sub>2</sub> and ZnSO<sub>4</sub>.
- ii. To estimate the mycelial uptake of zinc, during submerged growth at the above mentioned concentration.
- iii. To study the effect of the above mentioned zinc salts (10%) on the biological efficiency of sporocarp production.

### MATERIALS AND METHODS

**Preparation of fungal culture :** The culture of *Pleurotus sajar-caju* was prepared from sporocarps collected from local market. The hyphal tip cultures were prepared on petriplate and the culture was maintained in 2% potato dextrose agar medium.

**Estimation of mycelial growth in liquid medium :** The mycelial growth of *Pleurotus sajar-caju* was estimated in 2% glucose asparagine medium containing 10 µg/ml zinc salts after it was freed from trace elements using CaCO<sub>3</sub> as per modified Steinberg, 1939 adopted by Purkayastha *et al.* 1994. This concentration was denoted on the basis of pilot experiments. The mycelial cultures were maintained for 10 days at 30°C, followed by harvesting and the mycelial mass was dried at 90°C for 96 hours.

**Estimation of mycelial uptake of zinc :** The mycelial uptake of zinc was estimated after drying and processing of the mycelia as per Adrian, 1973 and modified by Mitra and Purkayastha, 1995 using

atomic absorption spectrophotometer, Parkin Elmar, 2380 with deuterium background corrector.

### Spawning and preparation of mushroom bed :

Wheat grains spawn of *Pleurotus sajjar-caju* was prepared using 2% CaSO<sub>4</sub> and 6% CaCO<sub>3</sub>. Three-week spawn was used (after spawning) for the preparation of mushroom bed. The bed included chopped paddy straw (1Kg wet wt.) taken in wooden trays and thoroughly mixed with spawn and covered with a thin layer of wet c.p.s. Ten percent zinc salt solutions (20g in 200 ml) was added to the mushroom bed after 7 days of spawning. The sporocarps start appearing 18-22 days of spawning and are collected in 3 flushes within the next fortnight.

## RESULTS

**Effect of zinc salts on mycelial growth of *Pleurotus sajjar-caju* :** The mycelial growth of *Pleurotus sajjar-caju* was tested in presence of 10 µg/ml concentration of various zinc salts, viz. ZnCl<sub>2</sub>, Zn(NO<sub>3</sub>)<sub>2</sub> and ZnSO<sub>4</sub>. There was an increase of 12.16% in mycelial mass compared to control noted in case of ZnCl<sub>2</sub>, but there was a reduction of 14.23% and 22.2% noted in case of the other 2 salts and the results are expressed in Table 1.

**Table 1 :** Estimation of mycelial growth of *P. sajjar-caju* in liquid medium containing zinc salts.

Treatments	Mycelial growth* (mg)	% Reduction in mycelial growth
Control©	96.0 ± 07.81	—
© + ZnCl <sub>2</sub>	107.67 ± 4.33	+ 12.16
© + Zn(NO <sub>3</sub> ) <sub>2</sub>	82.33 ± 4.33	- 14.23
© + ZnSO <sub>4</sub>	74.67 ± 3.53	- 22.21

\* Average of 3 replicates/treatment.  
Mycelia dried at 90°C for 96 hours.  
Incubation Time 10 days.

**Table 2 :** Estimation of zinc uptake by of *P. sajjar-caju*.

Treatments	Mycelial uptake of zinc*	
	Fresh wt. (µg/g)	Dry wt. (µg/g)**
Control©	3.35 ± 0.19	22.45 ± 1.27
© + ZnCl <sub>2</sub>	5.19 ± 0.39	34.77 ± 2.61
© + Zn(NO <sub>3</sub> ) <sub>2</sub>	4.03 ± 0.42	27.00 ± 2.81
© + ZnSO <sub>4</sub>	3.75 ± 0.14	25.13 ± 0.94

\* Average of 3 replicates/treatment.  
\*\* 1g dry wt. = 6.7g fresh wt.

**Uptake of zinc by mycelial of *Pleurotus sajjar-caju* :** The mycelial uptake of zinc by *Pleurotus*

*sajjar-caju* during submerged growth in liquid medium was estimated at 10 µg/ml concentrations of zinc salts, (Table 2). In all the three cases, viz. chloride, nitrate and sulphate, the uptake of zinc was noted; it was maximum in case of ZnCl<sub>2</sub> (12.32 µg/g dry wt.) and minimum in case of ZnSO<sub>4</sub> (2.68 µg/g dry wt.)

### Effect of zinc salts on production of sporocarps :

The three different zinc salts as mentioned above were sprayed directly on the mushroom bed, 7 days after spawning at 10% concentration. An increase of 4.9% in sporocarp production was noted in case of ZnCl<sub>2</sub>, but a marked reduction in biological efficiency was noted in case Zn(NO<sub>3</sub>)<sub>2</sub> and ZnSO<sub>4</sub>. The results are summarized in Table 3.

**Table 3 :** Effect of zinc salts on the production of sporocarps.

Nature of Substrate	Number of Sporocarps*	Production of Sporocarps*		% Increase /decrease in productivity
		Fresh wt. (g)	Dry wt. (g)**	
Control (c.p.s)	46.00±2.30	675.00±16.07	93.75±2.33	—
© + ZnCl <sub>2</sub>	63.33±1.76	708.33±11.67	98.38±1.62	+4.89
© + Zn(NO <sub>3</sub> ) <sub>2</sub>	42.33±1.20	461.67±20.28	64.12±2.82	-31.70
© + ZnSO <sub>4</sub>	37.00±3.28	519.33±27.09	72.1±3.76	-23.11

\* Results on the basis of 3 replicates/treatment.  
Sporocarps in each replicate collected in 3 flushes.  
\*\*1g dry wt. = 7.2g fresh wt.

## DISCUSSION

The nutritional importance of *Pleurotus sajjar-caju* has long been established; Bano *et al.* 1981, denoted the mineral content. Chandra and Purkayastha (1976) effectively used it as a dietary supplement for laboratory animals. The presence of heavy metals in edible mushrooms was denoted by earlier workers like Yu and Zhao, 1984, Jain *et al.*, 1988, Purkayastha and Mitra, 1992 and Purkayastha *et al.*, 1994. In the present investigation, three different salts of zinc (viz. chloride, nitrate and sulphate) were considered and their effect on mycelial growth, uptake and productivity of an oyster mushroom, *Pleurotus sajjar-caju* was denoted. Starling and Ross, 1991 has shown the affinity of *Penicillium notatum* towards zinc. Since zinc is a non-toxic heavy metal, it can be safely used in the substrate for edible mushrooms. During submerged growth, the mycelia of *P. sajjar-caju*, showed a reduction of 12.16 to 22.2% at 10 µg/ml concentration of zinc salts. At the same

concentration, maximum uptake was observed in case of zinc chloride (12.32  $\mu\text{g/g}$  dry wt.). The same salt increased sporocarp production by 4.9%, though the other two salts viz. nitrate and sulphate reduced the biological efficiency, this reduction is purely due to anionic effect, as there was a decrease in the pH level. Thus it is evident from this investigation that the mushroom has an affinity towards zinc that binds with the mycelia and increases the biological efficiency.

#### ACKNOWLEDGEMENT

The author gratefully acknowledges the financial assistance from UGC under the minor research project for carrying out this work and to Dr. B. Bhattacharya, Dept. of Metallurgical Engineering, Jadavpur University for providing the instrumentation help. Thanks are also due to Rev. Fr. P. C. Mathew S. J., Principal, St. Xavier's College, Kolkata for providing the necessary facilities to carry out the investigation.

#### REFERENCES

- Adrian, W. J. (1973). A comparison of a wet pressure digestion method with other commonly used wet and dry ashing methods. *Analyst*, **98** : 213.
- Bano, Z ; Nagaraja, N ; Vidhakar, K. V. and Kapoor, O. P. (1981). Minerals and heavy metal content in the sporophores of *Pleurotus* species. *Mushroom Newsletter for the Tropics*. **2**(2) : 3-7.
- Chandra, A and Purkayastha, R. P. (1976). Studies on some mushroom mycelia as dietary components for laboratory animals. *Ind. Jour. Exp. Biol.* **14**(1) : 63-64.
- Jain, S. K. ; Gujral, G. S. ; Jha, N. V. and Basudevan, P. (1988). Heavy metal uptake by *P. sajar-caju* from metal enriched duckweed substrate. *Biol. Wastes*. **24**(4) : 275-282.
- Mitra, A. K. (2003). Enhancement of biological efficiency using non-conventional additives. *Proc. 90th Ind. Sc. Cong.*, Part III, Bangalore.
- Mitra, A. K. and Purkayastha, R. P. (1995). Uptake of heavy metals by edible mushrooms and its impact on mammalian system after oral exposure. *Jour. Natl. Bot. Soc.* **49** : 27-33.
- Purkayastha, R. P. and Mitra, A. K. (1992). Metal uptake by mycelia during submerged growth and by sporocarps of an edible fungus *Volvariella volvacea*. *Ind. Jour. Exp. Biol.* **30** : 1184-1187.
- Purkayastha, R. P. ; Mitra, A. K. and Bhattacharya, B. (1994). Uptake and toxicological effects of some heavy metals on *P. sajar-caju* (Fr.) Singer. *Ecotoxicol. Environ. Safety*. **27**(1) : 7-13.
- Starling, A. P. and Ross, I. S. (1991). Uptake of zinc by *Penicillium notatum*. *Mycol. Res.* **95**(6) : 712-714.
- Steinberg, R. A. (1939). Growth of fungi in synthetic nutrient solution. *Botan. Rev.* **5** : 327
- Yu, S. and Zhao, M. (1984). Derivation of mercury in mushrooms. *Hunjing Kexue*. **5**(4) : 25.

(Accepted for publication January 22 2004)